



CARMEN HORNE

Women's Hope Coach

A short and long bio are included for your use.

SHORT

Carmen Horne is the author of *Out of Words: 31 Prayers of Hope for Your Hurting Heart* and the companion journal, *Finding Words: Writing from Hurt to Hope*. She is a Board Certified Advanced Christian Life Coach and speaker who uses her gifts to support women as they learn to embrace with hope the unexpected.

At the ripe old age of sixteen, the Bayou State native married her high-school sweetheart. They have one beautiful daughter. Carmen is a dark chocolate nibbler and beach sitter, but her favorite activities are those she participates in as a wife and mom.

CONTACT

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Thank You!

Carmen

LONG

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Carmen's father was an alcoholic, and she was molested by a friend's dad when she was a child. Healing her own damaged heart taught Carmen the hope she now offers to the brokenhearted. Plowing through unhealthy thinking in her own life shaped Carmen's understanding of the power of perspective. Mentoring, lay counseling, and a listening ear is her ministry's original seeds.

Carmen is a contributor to *101 Secrets to a Happy Marriage* — Thomas Nelson Publishers, *Warrior Devotional* — Declare Conference, *The Message* magazine, *Just Between Us* magazine, a featured contributor to *Sweet to the Soul's FAITH* magazine, and many other online websites.

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