7 Days of Perspective Changing Affirmations



I have a new perspective on my past, present, and future. I am constantly renewing my mind because I am drawing closer to God. I am becoming more like Jesus. (Colossians 3:10)

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I no longer dwell on my past hurts and my present challenges. Instead, I fill my mind with God's truth. I choose to think on the beautiful instead of the ugly, the best not the worst. (Philippians 4:8)

I control my thoughts. I can capture and replace those that build barriers against the abundant life God has promised me. (2 Corinthians 10:5; John 10:10)

God is transforming my mind. He brings out the best in me. I believe God's plan for me has always been good and perfect. (Romans 12:2)

Every good, bad, joyful, painful, exciting, and disappointing moment in my life is being used by God for my good. (Romans 8:28)

My faith muscles are strong. My trials are developing endurance within me. My character is maturing and I am hopeful. (Romans 5:3-4)

I can trust God to know what He is doing. His plans for me are good. My future is filled with hope. (Jeremiah 29:11)